

The Encompassing Center

Compassionate Mental Health Care for the Residents of
East and West Garfield Park, Near West Side, and North Lawndale Communities

SPONSORED BY



STOP THE BLEED & HANDS-ONLY CPR TRAINING

Hour 1: Stop The Bleed

Stop the Bleed is a nationally recognized organization that teaches the lay public to stop a bleeding emergency before professional help arrives.

Hour 2: Hands-Only CPR

Hands only CPR is a shortened learning experience for the lay public to learn how to start CPR on a person before help arrives.

Space is limited to 40 people. Register today!

REGISTER AT:

[HTTPS://FORM.JOTFORM.COM/250624185069156](https://form.jotform.com/250624185069156)

CONTACT: PATTY SCHMIDT
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SBRADDOCK@CATHOLICCHARITIES.NET

Tuesday, April 22

The Encompassing Center

1:00pm-3:00pm

Training includes:

- 30 minute Lectures
- How to pack wounds and apply tourniquets
- Hands Only CPR with adult and child mannequins
- Hands-On AED utilization
- Receive Education Credit and Certificates

