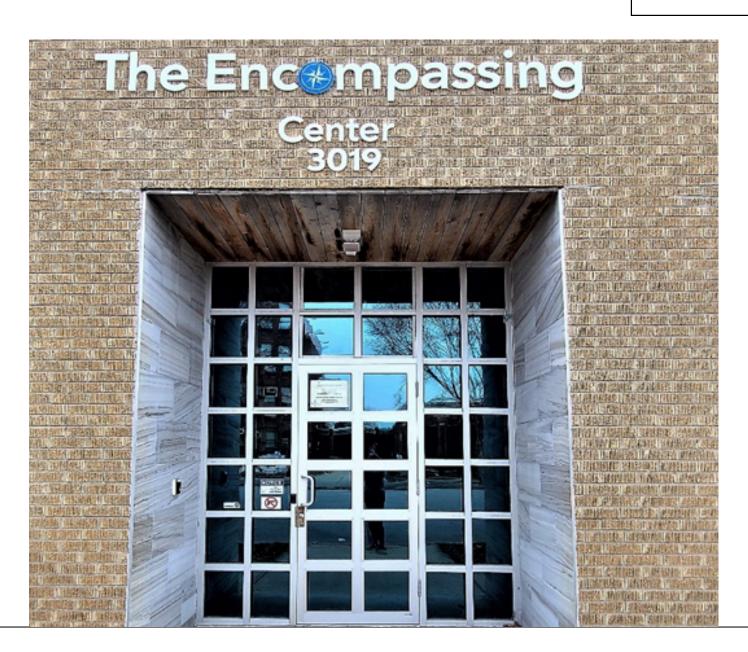


Compassionate Mental Health Care for the Residents of st and West Garfield Park, Near West Side, and North Lawndale Communiti

Annual Report

Jan. 2024-

Dec. 2024



Prepared by Jennifer Smith, PhD, LCPC
The Encompassing Center Director
1/2025



Compassionate Mental Health Care for the Residents of East and West Garfield Park, Near West Side, and North Lawndale Communities

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The Encompassing Center (TEC) continues with the mission of the 2019 assessment of needs and the addition of new services as we continue grow. TEC case management resources and outsource referrals continue to be a supplemental support for client needs such as legal assistance, employment, housing resources, substance use treatment, and more. Psychoeducation and workshops continue to assist with the need to break mental health stigma, trauma, and improve the finances, health and safety for our communities.



THE ENCOMPASSING CENTER OUR 2025 VISION: MOBILE MENTAL HEALTH

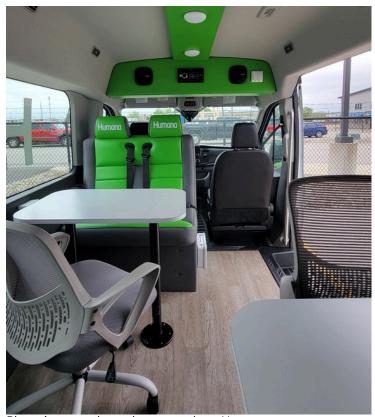


Photo is a sample, and not actual van**

A Mobile Mental Health Program is an innovative VISION that is currently under exploration at The Encompassing Center in order to tackle the challenges of accessing and trusting mental health services within our communities.

Mobile services can help bridge gaps in mental health support by delivering comprehensive, on-site care. The Encompassing Center's vision is to offer private intake sessions, remote consultations, psychoeducational resources, crisis information (e.g., 988 cards), essential supplies such as hygiene kits and Narcan, and referrals.

With a commitment to making mental health services more accessible, the Mobile Mental Health Program aims to improve the well-being of our most vulnerable populations by providing immediate, personalized support in the Near West Side, North Lawndale, and East and West Garfield Park.

One of the primary advantages of mobile mental health services is that it brings care directly to the client. This helps eliminate the barriers typical of traditional clinics, such as long travel distances, lack of public transportation, or difficulties faced by elderly individuals or those unable to leave their homes. Time constraints also prevent many community members from accessing needed resources. By meeting people where they are, mobile services ensure that care is available when and where it's needed, regardless of an individual's circumstances.

Stigma and trust issues remain significant barriers to seeking mental health services. Many individuals hesitate to seek help out of fear of judgment or discrimination. The Mobile Mental Health Program can provide a more private, less clinical environment, allowing individuals to access care in a familiar setting where they feel safe and supported.

Our vision for mobile mental health services also includes community outreach and education. These efforts will help reduce stigma and foster trust within communities. By engaging with individuals in their own environments, we can build stronger, more meaningful relationships, encouraging individuals to seek continuous care and improving overall mental health outcomes.

THE ENCOMPASSING CENTER 2024 PROGRAM SERVICE REVIEW

Telehealth and In-Person Mental Health Counseling Services

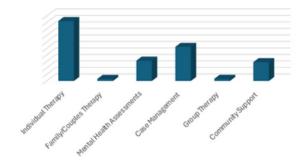
The Encompassing Center has provided a combination of **8,059 IMPACT CONTACTS** that includes intake referrals, networking, supervision, mental health assessments, counseling services and community support.

Both **Telehealth and in-person mental health**counseling services (Individual, Family, and Couples)

made up **43**% of provided services this year. The choice

between in-person or virtual services continues to be

based on individual needs, preferences, and the specific circumstances of each individual seeking services.



Case Management Services

Case management services that made up 15% of the services provided at the Encompassing Center involves the process to assess, implement, and coordinates additional services to meet the client's health and other human service needs through advocacy and support with needed resources.

Additional Services include:

- Anger Management Services: 3 Support staff
- **Psychiatric Services:** For the 2024 service year, we transitioned to a **new provider**, **Northeast Family Services**, for linkage to 43 psychiatric service appointments for assessment and medication to aid in mental health treatment.



- Peace Circle Facilitation: The Encompassing Center facilitated peace circles and trained
 Fuel Movement Community Center with Darrell Glover, on how to continue to continue to
 provide a safe space. TEC strives to teach the community and provide the necessary tools
 to empower themselves.
- Narrative Exposure Therapy (NET) supervision education with Rush University Medical Center. Rush
 University Medical Center continues to provide this training to mental health professional on-going
 through the year. * Congratulations to the COFI Parent graduates (Mi Tierra Luncheon on 3/18/2024)
- On-Site School Support: 6 CPS schools (Brown, Mason, Hughes, Gregory, Jensen, Dvorak), 3 Noble
 Network high schools (DRW, Bulls, & UIC College Prep), and 1 youth center- CYC-Sidney Epstein
 Youth Center, and 1 private school (Holy Family).
- Emergency Food Services: We served **80 families** with emergency food items.
- Clothing Pantry Services: We have provided families with over 200 items of clothing to those in need.
- **Financial Literacy** Support, a program with Steve Peterson in facilitation with Boxing Out Negativity gym members (Spring/March 11, 2024)



Our Service Impact

THE ENCOMPASSING CENTER SERVICE HOURS

The Encompassing Center has provided **4,500 hours of services** that were free to the communities of **North Lawndale**, **East Garfield Park**, **West Garfield Park** and **The Near Westside**. The service comparison for the 2024 service year include the following:

2023

Mental health assessments: 579

Individual counseling: 1,143

Couples/Family counseling: 55

Group counseling: 47

Case management services: 754

Community support: 383

Administrative Support: 131

The Encompassing Center's intake assessment continues to be with the IM+CANS (Illinois Medicaid Comprehensive Assessment of Needs and Strengths) along with other clinical tools to develop an appropriate treatment plan.

2024

Mental health assessments: 625

Individual counseling: 1,848

Couples/Family counseling: 63

Group counseling: 67

Case management services: 1,050

Community support: 581

Administrative Support: 266



THE ENCOMPASSING CENTER CLIENT DEMOGRAPHICS

This annual report provides information pertaining to service provision throughout the Encompassing Center from January 1, 2024 through December 31, 2024. The service provider for the Encompassing Center continues to be Catholic Charities of the Archdiocese of Chicago. All data presented in this report has been provided by our Electronic Health Record, known as CIS (Custom Information Solutions). Any questions about this 2024 annual report can be sent to the Director, Jennifer Smith, PhD, LCPC, at jesmith@catholiccharities.net.

JANUARY 1, 2024 through DECEMBER 31, 2024: CLIENTS SERVED

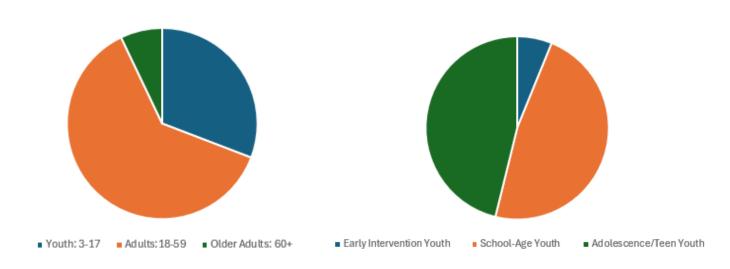
The goal of 2024 was to continue to serve as many individuals as possible within the within the North Lawndale,

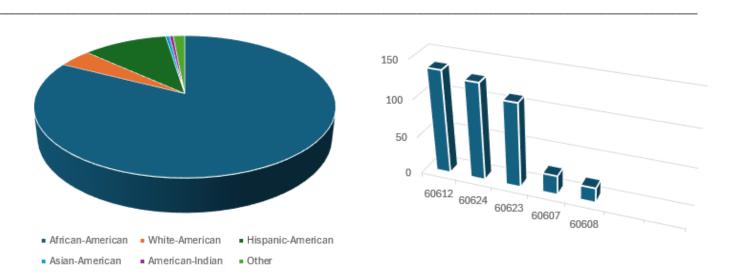
East and West Garfield Park and Near Westside in the areas of mental health counseling and case management. We served 436 clients during this service year.

al Clients Served	Average Client Age
436	37
	Average Child Age
	12
	Average Adult Age
	46

Women make up 64% of clients, 32% were men, and 4% were partnerships. The highest utilization were among African-Americans residents, aged 25-59, across zip codes 60612, 60624, 60623.

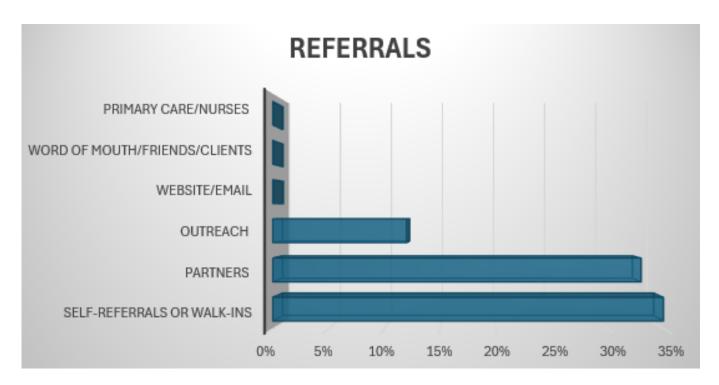
TOTAL SERVED FOR THE 2024 SERVICE YEAR:







THE ENCOMPASSING CENTER Our 2024 Referral Sources



The majority of our referrals are coming from community members coming into the Center or calling the front desk for services (35%). We also receive a significant number of our referrals from community partners. Partnerships generated 33% of clients served for the 2024 Service Year. We also obtain referrals due to our presence in the community through outreach efforts.

Outreach referrals made up 12% of the clients served this year!

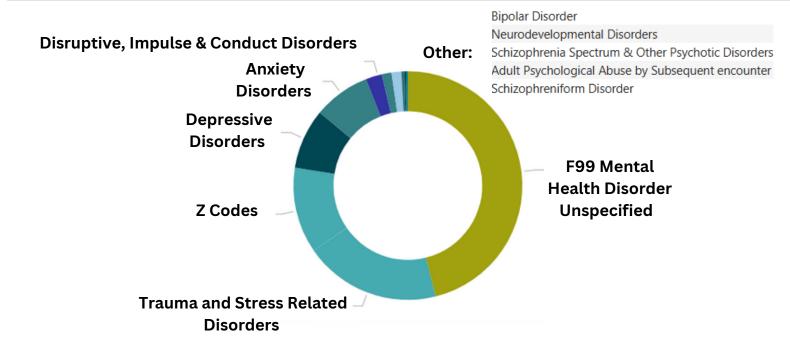
On-site TEC Services

ROSWELL B. MASON ELMENTARY
JEN JENSEN ELEMENTARY
LANGSTON HUGHES ELEMENTARY
DVORAK SCHOOL OF EXCELLENCE
JOHN MILTON GREGORY ELEMENTARY
WILLIAM H. BROWN STEM MAGNET

UIC COLLEGE PREP
BULLS COLLEGE PREP
DRW COLLEGE PREP
HOLY FAMILY
CYC-SYDNEY EPSTEIN YOUTH CENTER
MATTHEW MANOR/OZANAM SENIOR LIVING

TREATMENT

CLIENT DIAGNOSIS IMPRESSIONS



Our communities are **experiencing significant distress or impairment (46%) in social, occupational, and other areas of functioning of everyday life.** In practice, F99 is often used for those identified clients that are in situations where they are experiencing some mental health stressors that do not warrant a specific mental health diagnosis. There is evidence that supports that their stressors are occurring due to basic needs going unmet that we attempt to address through case management services.

Trauma and Stress Related Disorders (20%): Our communities are experiencing issues with post-traumatic stress disorder (PTSD), and acute stress/adjustment to their trauma exposures. Much of the trauma includes community violence, grief and loss and phases of life adjustments.

Depressive Disorders and **Anxiety Disorders ranked 3rd for treatment needs.** The persistent feelings of sadness, emptiness, or hopelessness, can severely impact one's own mental wellness. We know these concerns can lead to a lack of interest or pleasure in activities that can lead to a wide range of emotional and physical problems, affecting how a person thinks, feels, and handles daily activities.

We are able to address many of the complex mental health needs our communities face as well. This includes Bipolar Disorder, Impulse and Neurodevelopmental concerns for our younger clients. and the family of Schizophrenias disorders.

THE 2024 CLINCIAL TEAM AND SUPPORT STAFF



Chukwudebelu F. Ejiogu Clinical Staff



Dyamond Bruce

Marriage and Family

Counseling, LPC



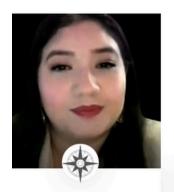
Latrina Moore



Lauren F. Linthicum

Certified Rehabilitation

Counselor



Linda Enriquez

LSW, Therapist



Pamela Jimenez LCPC, Clinical Manager



Rachel Kirkes



Silvia Urriago

Clinical Staff

Additional Staff



Cristina Vasquez, Bilingual Intake Office Associate



Monique Byrd, Community Partnership Lead



Star Braddock Outreach Associate



Jennifer Smith, PhD, LCPC

The Encompassing Center thrives with the hard work and efforts of the entire team. The 2024 TEC team has played a crucial role in making mental health and wellness more equitable. The Encompassing Center strives to reflect the diversity and care needs of the served population. TEC helps create an environment where all clients feel welcomed and valued, regardless of their background or circumstances.

THE ENCOMPASSING CENTER OUTREACH

A key component of outreach for the Encompassing Center is providing telecommunication and mobile outreach. This involves meeting in the community through invitation, pop-up street outreach, tables at community events, as well as email, phone, and virtual introduction meetings. Outreach for the Encompassing Center includes social media that provides current events, live videos and trainings to the community. There is also a monthly newsletter that goes to community partners that includes The Encompassing Center events, photos of outreach presence, and other community resources.

Outreach services cover the four service communities of **North Lawndale**, **Near Westside**, **East** and **West Garfield Park**. This cover all 4 districts of the Chicago Police Department and the Alderman's offices. For the 2024 service year, the Outreach Coordinator has **provided outreach to over 200 places and events within the 4 communities.**



2024 COMMUNITY PARTNER IMPACT

The Encompassing Center has been impacted by many community organizations and partners through their continual referrals, outreach, partnerships, conferences, trainings and resources for staff and clients.

Coalition to Save Our Mental Health Centers

Institute for Community Empowerment

The Kedzie Center

LoSAH Center of Hope

Family Connects

Chicago/CAB A

Sinai Chicago Breakthrough

Chicago Public Schools

.....

Streamwood Behavioral Healthcare System

Hartgrove Behavioral Healthcare System

Garfield Park Behavioral

Riveredge Behavioral Health Hospital

Helte He Befored Costero

Rush University Medical

Center/ Bridges/

COFI

Cook County Health

Chicago Department of Public Health

St. Malachy

Holy Family

Noble Network

Learn Charter Schools
Community In Schools

Marillac St Vincent Family

Services

Maryville Academy

Institute for Nonviolence Chicago

AM Ablo

University of Illinois-Chicago

Chicago Police Department /CAPS

Chicago Ward Alderpersons

Together Chicago

Equiticity

Chicago Children's Advocacy

Illinois Action for Children

The Hap Foundation

Mercy Home for Boys and Girls/Community Partner Collective

Prevent Child Abuse Illinois

United States Probation Office

Illinois Department of Public Health (Narcan)

Illinois Department of Human

Illinois Department of Human

and Family Services

Social Security Administration

UCAN

Garfield Park Rite to Wellness

Collaborative

Strengthening Chicago's Youth

TASC (Treatment Alternatives for Safe Communities) Cook County of Illinois Juvenile Probation

North Lawndale Early Learning Collaboration

Children's Place Association

Cook County State's Attorney-Community Justice Center

Near Westside Community Development Corporation

Build, Inc

It Takes A Village Family of Schools

NLCCC

Revive Center

Gabriel's Light

Lawndale Christian Legal

Lawndale Christian Health

Live Free Illinois/New

Landmark Church

NAMI

Center

Northeast Family Services

Above and Beyond

Catholic Charities Archdiocese of Chicago

Erikson Institute

PATHH Clinical Learning Community

Parent University Chicago-

West

JCFS-Chicago

Garfield YMCA

Community Behavioral Healthcare Association

Bobby E Wright Comprehensive Health Center

New Hone Apartment

Children's Research Triangle

Buehler Center for Health Policy and Economics

Westside Heroin/Opioid Task Force

Gateway Foundation

Chicago Furniture Bank

Sankofa Safe Child Initiative Chicago

K-Town Kitchen

Chicago Public Library

LaCasa Student Housing Resource Center

Davita Loop Renal Center

M 2 Café

The Beelove Café

Morgan St. Café

Good Ambler Coffee House

Sawada Coffee House

UI Health Family Medicine

Center

Fresenius Kidney Care Aberdeen Home

Northwestern Medical

Immediate Care

One Medical

Family Health Network

Family Focus

Chicago Park District

St Anthony's Hospital

Fuel Movement

Xilin Association Senior

Mathhew Manor/ Ozanam Village Senior Living

JLM Center

Reborn Ministries

Carole Robertson Center

Neighborhood Exchange

Y-Men

Salvation Army

Thresholds

Central West Community

North Lawndale Community

Council
SOS Children's Villages

Illinois/One Family Illinois Westside Justice Center

A Safe Have

Greater Bethlehem Healing

Temple

Booth Manor Senior Residence

Malcolm X College

Maravilla Senior Living

Barbara Jeans Senior Home

Jane Addams Building
Abla Brooks Homes

Westpoint Plaza Senior Apartments

Herzl Parent Child Center

Chicago Westside Christian

Children of Peace

Achievement

Collaborative

Peace

Academy of Scholastic

Neighborhood Working For

Jackson Blvd CoC Initial

Austin CHRC/Excel CDC

Duwell Medical Center

Reborn Community Church Healing-Centered Illinois

Taskforce

Habilitative Systems

John H. Stroger, Jr. Hospital

The Firehouse Community Arts Center of Chicago

Peace Circle with The Kedzie Center, TEC, & LoSah Staff

THANK YOU for allowing THE ENCOMPASSING CENTER to join THE KEDZIE CENTER and LoSAH CENTER OF HOPE with THE GATHERING OF COMMUNITIES event at UIC

Center Collaborative Meetings 2024

The Encompassing Center continues to connect monthly with other Coalition to Save our Mental Health Centers.

CONGRATULATIONS to the GRAND OPENING

of the LoSAH CENTER OF HOPE!







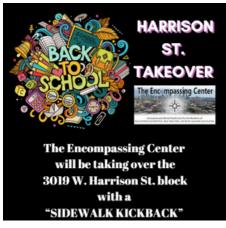


THE ENCOMPASSING CENTER COMMUNITY IMPACT Combined Communities Thrive Summer Fair



The Encompassing Center had its 1st Annual Summer Fair in Douglass Park on June 12, 2024. There were 36 community partners that supported this effort in getting resources to our communities.

THE ENCOMPASSING CENTER FALL 2024 COMMUNITY EVENTS



















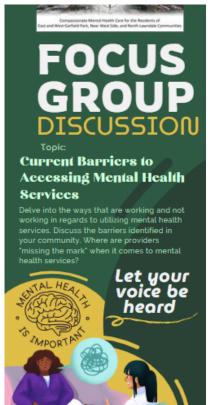








The Encompassing Center will be hosting quarterly Focus Groups in 2025! Please come and share you thoughts on barriers and the need for new programming.



SOCIAL MEDIA



https://www.facebook.com/theencompassing center/

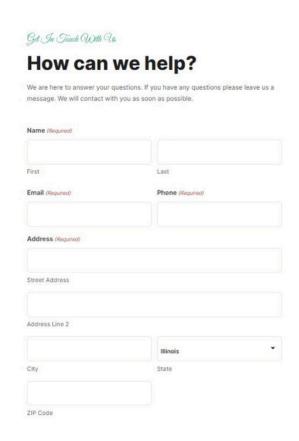
https://www.instagram.com/theencompassing center/

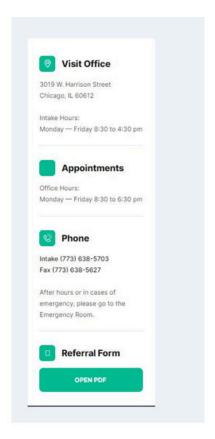
https://www.youtube.com/channel/UCZHdMuQbRuYc1zwPAkL6e7Q

https://twitter.com/theencompassing

The Encompassing Center Website: Referrals can be submitted online at

encompassingcenter.org





2024 Governing Commission Board

Zashandra Wright- Governing Board President

Derek Brown
Jamil Brown
Michelle Byrd
Barbara J. Evans
Robin Jones-Watson
Janice Oda-Gray
Michele Packard
Melanie Nuby

Jacquelyn Ingram - Governing Board Administrator



We thank you for your continual support in the Westside Expanded Mental Health Services Program at The Encompassing Center

Contact

The Encompassing Center 3019 W. Harrison Street Chicago, IL 60612

773-638-5703

