

ABOUT TIME YOU CELEBRATED YOU!

The Encompassing Center



Compassionate Mental Health Care for the Residents of
East and West Garfield Park, Near West Side, and North Lawndale Communities



**We will have Sweet Treats and Activities for
Everyone!**

12-1pm: “MASTER OF ME” book discussion

1:00pm: Light Lunch for Book Club Attendees

(***MUST BE PRESENT AT NOON to be included in the lunch headcount)

1:30-3:00pm- Valentine’s Day Self-Care activities

IT'S VALENTINE'S DAY

**Grab that book and Let's Self-love
together!!**

**** This is an RSVP event**

