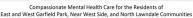
## ABOUT TIME YOU CELEBRATED YOU!

## The Encompassing Center







## We will have Sweet Treats and Activities for Everyone!

12-1pm: "MASTER OF ME" book discussion

1:00pm: Light Lunch for Book Club Attendees

(\*\*\*MUST BE PRESENT AT NOON to be included in the lunch headcount)

1:30-3:00pm- Valentine's Day Self-Care activities

IT'S VALENTINE'S DAY

Grab that book and Let's Self-love together!!

\*\* This is an RSVP event

