

The Encompassing Center  
encompassingcenter.org  
3019 W. Harrison St.  
Chicago Il. 60612  
773-638-5703



May 2024 Newsletter  
Issue V

*"Mothers are like glue.  
Even when you can't see  
them, they're still holding  
the family together."*  
-Susan Gale-

*"Mothers can look  
through a child's eyes  
and see tomorrow."  
-Reed B. Markham-*



**Happy Mother's Day  
From The Encompassing  
Center!**

*"Mothers hold their  
children's hands for a  
short while, but their  
hearts forever."  
-Mix-book Inspiration-*

Mother's Day is a holiday honoring motherhood that is observed in different forms throughout the world. In the United States, Mother's Day 2024 falls on **Sunday, May 12th**. The official Mother's Day holiday arose in the 1900s as a result of the efforts of Anna Jarvis, daughter of Ann Reeves Jarvis. Following her mother's 1905 death, Anna Jarvis conceived of Mother's Day as a way of honoring the sacrifices mothers made for their children.



## The Encompassing Center

*Compassionate Mental Health Care for the Residents East and West  
Garfield Park, Near West and North Lawndale Communities*

The Encompassing Center is so excited to be of service to the residents of North Lawndale, East and West Garfield Park, and Near Westside Communities.

We are funded by the property tax dollars of the community citizens it serves, therefore making the residents stakeholders of the center. The trained staff at The Encompassing Center meet people where they are, without judgement and do the best they can for everyone that comes through the door

The Encompassing Center was created through the efforts of North Lawndale, East and West Garfield Park and Near West residents, who worked to ensure that all community members would have access to compassionate, quality trauma-informed mental health care. Over 951 individuals have come through our doors and have received services for individualized care, not including schools, community events and live touch.

3019 W. Harrison Street  
Chicago, IL 60612  
Intake Hours: Monday – Friday 8:30 to 4:30 pm .

## Mental Health Awareness Month

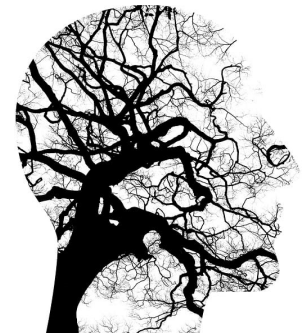
Mental Health Awareness Month has been observed in the U.S. since 1949. Each year, millions of Americans face the reality of living with a mental health condition. In May, NAMI joins the national movement to raise awareness about mental health. Each year, they fight stigma, provide support, educate the public and advocate for policies that support people with mental illness and their families.

Mental Health Awareness Month provides a perfect opportunity for all of us to shine a spotlight on spreading helpful mental health resources and information about NAMI programs or initiatives and content to specific populations (for example, caregivers, youth and young adults, underrepresented communities). It is also a chance to encourage people to take action.

During Mental Health Awareness Month, NAMI is launching the “More Than Enough” social media awareness campaign, uplifting and empowering all people to feel that they are “more than enough.” We want to affirm the idea that people are inherently worthy of life, love and healing — no matter what they look like, no matter where they are in their journeys, no matter what they are or aren’t able to do.

### *How can we take care of our Mental Health:*

- *Get regular exercise. Just 30 minutes of walking every day can boost your mood and improve your health.*
- *Eat healthy, regular meals and stay hydrated.*
- *Make sleep a priority.*
- *Set goals and priorities.*
- *Practice gratitude.*
- *Focus on positivity.*



011th District Subcommittee  
PRESENTS

**MUSIC & ART  
INTERACTIVE  
TIME  
PARENT TIPS  
& DISCUSSION  
LIGHT  
REFRESHMENT  
& SELF CARE  
GIVEAWAYS**

# Mommy & Me

**Thursday, MAY 09, 2024  
1:00 to 4:00 pm  
The Encompassing Center  
3019 W. Harrison**

**For more information:  
Encompass Center Star Braddock - 1.773.638.5703  
011th District CAPS- 1.312.746.9841**

University of Illinois Cancer Center  
Community Policing  
State's Attorney  
IRC  
Sinaï Chicago  
Sarah's Inn

**The Encompassing Center**  
Compassionate Mental Health Care for the Residents of  
East and West Garfield Park, Near West and North Lawndale Communities

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MWRD PRESIDENT  
**KARI K. STEELE**  
CHIEF AND ENVIRONMENTALIST

YOLONDA MORRIS

MONIQUE SCOTT  
4TH WARD ALDERWOMAN

State Senator  
**LAKESIA COLLINS**  
IL SENATE \* DISTRICT 5

**4TH ANNUAL  
Mother's Day  
BLOCK PARTY**

**MAY 11 • 12-3PM**  
3605 W. FILLMORE ST. • CHICAGO, IL

HOT DOGS • BURGERS • ACTIVITIES FOR KIDS  
BOOKS • GIFTS FOR MOM • LIVE MUSIC  
ENTERTAINMENT • RESOURCES & MORE!

RSVP [bit.ly/3SXW0k4](https://bit.ly/3SXW0k4)

HOSTED BY **ucan** THE POWER OF POTENTIAL

## 2024 BIKE OUT NEGATIVITY

Let's ride as one city to celebrate Chicago's youth!

Photos by Norvall Tolbert

**Saturday, May 18**  
Community Expo 12pm - 3pm  
Community Ride at 3pm  
3147 West Douglas Blvd in Chicago  
RSVP: [bikeoutnegativity2024.eventbrite.com](https://bikeoutnegativity2024.eventbrite.com)

**Partners**

Alderwoman Monique Scott's Office	NLARA
BBF Center for the Arts	NLCCC
CDOT/ Safe Ambassadors	Norvell's Photography
Divvy	Ride Illinois
Equiticity	RiotFest
Greater Open Door Baptist Church	State Sen. Lakesia Collins
Light Up Lawndale	St. Agatha Church
Lawndale Christian Health Center	Wheel & Sprocket
Lawndale Pop-Up Spot	Working Bikes
Let's Move, Lawndale	Young Doctor's Club

Contact [Events@BoxingOutNegativity.org](mailto:Events@BoxingOutNegativity.org) to sponsor this event.

# SAVE THE DATE!

## 2nd Annual WESTSIDE COMMUNITY RESOURCE FAIR

**SATURDAY, MAY 18, 2024**  
10 AM - 2 PM

### LEGACY CHARTER SCHOOL

3318 W. OGDEN AVE.  
FREE FAMILY RESOURCE FAIR

Local community organizations and businesses will be onsite to discuss the services they offer, including Health and Wellness, Employment, Housing, Education, Legal Services, Financial, Transportation and More!

For information contact [yvette.warren@legacycharterschool.org](mailto:yvette.warren@legacycharterschool.org)

**Register Today!** **Celebrity appearances!**

**Raffles!**



## 2ND ANNUAL CLEANUP ON CERMAK

BE PART OF THE CHANGE YOU WANT TO SEE IN  
YOUR COMMUNITY!!!!





**We Need Help For:**

- Clear the land of trash
- Planting flowers
- Install landscape borders
- Transport water for plants
- Supply water to volunteers

Come join us on May 25, 2024 from 10 AM to 12 PM for our 2nd annual CLEANUP ON CERMAK. Help us keep our block and community beautiful!!!!

**CALL TO VOLUNTEER**


**SATURDAY  
MAY 25, 2024**



4244 W. Cermak Road  
Chicago, IL 60623

312-489-4755





# THE ROAD TO WELLNESS

S HOMAN AV  
3400 W

W ROOSEVELT RD  
1200 S

**EASE ON DOWN THE ROAD!**

I AM ABLE'S CRISIS CARE PROGRAM  
WELLNESS H.E.A.L.S.  
invites you to join us for a unique OUTDOOR RESOURCE  
Fair, along Roosevelt Road.  
Learn about the diverse, rich resources offered in your  
community to support your ROAD TO WELLNESS!

**FRIDAY, MAY 31, 2024  
11AM-2PM**

3410 W. Roosevelt Road  
Chicago, IL 60624



**I AM ABLE**  
Center for  
Family Development, Inc.

**APOSTLE DR. CAROLYN L. VESSEL**  
CEO/PRESIDENT



**WH**  
WELLNESS HEALS






## Parent University Chicago- West

**SATURDAY, JUNE 8, 2024**

⌚ 11:00 am - 4:30 pm

📍 3415 W. Arthington Street, Chicago, IL, 60624

JOIN US FOR OUR PARENT DRIVEN COMMUNITY BASED EVENT THAT PROVIDES  
RESOURCES AND EDUCATIONAL OPPORTUNITIES FOR FAMILIES.

**Featuring**

★ Food

★ Resources

★ Vendors

★ Exotic Animals  
Petting Zoo


★ Raffles

★ Free Childcare

★ Facepainting

- WORKSHOPS**
- Art Therapy
  - Financial Literacy
  - Understanding Your Child's IEP
  - Teens V.S. Drugs
  - Pursuing Entrepreneurship
  - Chair Yoga
  - How Social Media Can Impact Our Physical & Emotional Well-Being

**REGISTER HERE**



**Contact:**  
**Brittany Nowell**  
**PH: 224-257-1858**  
**Email:**  
[brittany.nowell@actforchildren.org](mailto:brittany.nowell@actforchildren.org)



# Encompassing Closet

**WE ARE OPEN!**

The Encompassing Center's  
Clothing Pantry is available

Monday-Friday \* 10am-4pm  
Clothing is laundered by Happy Nest and ready to wear from the racks





**Clothing is Free and Available to North  
Lawndale, East and West Garfield Park &  
Near Westside Residents**

[www.encompassingcenter.org](http://www.encompassingcenter.org)  
773-638-5703

# The Encompassing Center



Compassionate Mental Health Care for the Residents of East and West Garfield Park, Near West Side, and North Lawndale Communities

# Combined Communities Thrive



## Summer Fair

We are looking for fair vendors!

PLEASE SCAN THE QR CODE  
If you have additional questions,  
please contact Star Braddock  
[sbraddock@catholiccharities.net](mailto:sbraddock@catholiccharities.net)

**Wednesday**  
**06.12.2024**  
**10AM-2PM**

 **Douglass Park**



### Event Sponsors



Visit Our Website

[www.encompassingcenter.org](http://www.encompassingcenter.org)



# Combined Communities Thrive

## Summer Fair

Gather your families and come experience the magic of Westside communities coming together to provide an event designed to bring resources and wellness together this summer!



**Wednesday**  
**06.12.2024**  
**10AM-2PM**



Compassionate Mental Health Care for the Residents of  
East and West Garfield Park, Near West Side, and North Lawndale Communities

**Douglass Park**

Roosevelt & California  
Chicago, IL 60608

**Visit Our Website**

[www.encompassingcenter.org](http://www.encompassingcenter.org)





The  
Encompassing  
Center meets  
people where  
they are  
without  
judgement.



# THE ENCOMPASSING CENTER

## West Side Mental Health Services

### The Encompassing Center Provides:

- Individual, Couples, Family, & On-Site School-Based Counseling
- Psychiatric Services (partnered with Rush University Medical Center)
- Case Management
- Trauma-Informed Training and Education/Community Partnership
- Specialized Services: Anger Management, Parent Coaching, Peace Circles

REFERRALS CAN BE MADE ONLINE:  
<https://encompassingcenter.org/contact-us/>

Residents of East and West Garfield Park, Near West Side, and North Lawndale communities

### FOR MORE INFORMATION CONTACT

The Encompassing Center  
3019 West Harrison St.  
Chicago, IL 60612

**(773) 638-5703 or (312) 723-8679**



Website: [encompassingcenter.org](http://encompassingcenter.org)



\*Services are rendered by Catholic Charities only as the clinical services provider



## THE ENCOMPASSING CENTER



3019 West Harrison  
Chicago IL 60612  
<https://encompassingcenter.org/>  
facebook: The Encompassing Center

### REFERRAL FORM

Main # 773 638-5703  
Cell # 312-723-8679  
Fax# 773 638-5627

Date Receive: \_\_\_\_\_ 

Walk-in	Email	Call	Fax
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Name: \_\_\_\_\_ SEX: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Age: \_\_\_\_\_ Phone: \_\_\_\_\_

Address : \_\_\_\_\_  
Community: \_\_\_\_\_  
TYPE 

FAMILY	GROUP	ADULT	YOUTH
Leave Voice Mail		Yes	No

Race: 

A.AMERICAN	WHITE	MEXICAN
ASIAN	P.ISLANDER	OTHER

 Guardian Name: \_\_\_\_\_  
Guardian phone: \_\_\_\_\_

Hispanic: 

MEX/AMERICAN	PUERTO RICAN	CUBAN
C. AMERICA	S.AMERICAN	OTHER

 In-person  Telehealth  Both

Insurance: \_\_\_\_\_ Referred : \_\_\_\_\_  
E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_

1. Are you currently struggling with substance use? 

YES	NO
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2. Have you struggled with substance used in the past? 

YES	NO
-----	----

  
3. Are you in need of Psychiatric service? 

YES	NO
-----	----

  
4. Are you in need of some emergency food items from us? 

YES	NO
-----	----

Request: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Preferred time to call? \_\_\_\_\_

Director use only:  
DATE: \_\_\_\_\_ CIS \_\_\_\_\_  
ASSIGNED TO: \_\_\_\_\_ EC CLIENT TRACKING \_\_\_\_\_